

Broadway MBC - Tree Of Life Inspirational Word <u>Psalm 119:153 ESV</u> Look on my affliction and deliver me, for I do not forget your law.

"In my deepest, darkest moments, what really got me through was a prayer. Sometimes my prayer was 'Help me.' Sometimes a prayer was 'Thank you.' What I've discovered is that intimate connection and communication with my creator will always get me through because I know my support, my help, is just a prayer away." - Iyanla Vanzant

Prayer is powerful, prayer is strong, and prayer will always be a comfort to us! However there are times that we have had to pray desperation prayers, because when we follow the Lord and when we trust in the Lord we also have those moments in life when we are buried with emotions! Life can be emotional whether it is: "Sickness, death, financial trouble, injuries, or even physical ailments or other problems."

Nobody can avoid problems, and problems do come to us all but that is when we have to understand the power of prayer and the power of turning to the Lord! The power of the Lord is strong, the power of the Lord is resounding, and the power of the Lord is comforting because it reminds us that we are not alone. We are not alone, no matter how it feels and no matter what we experience we are not alone.

That is good news for all of us to remember that we aren't alone! You can feel low, you can feel down, or you can feel hopeless but don't let those feelings keep you down because when we pray and we talk to the Lord that is when the Lord will revive us because we know that the Lord hasn't left us. The Lord hasn't left you, and the Lord won't ignore you but He will always be there to get you over the hump!

We all face some tough hurdles, but don't stop going and focusing on the Lord because the Lord will give you strength to survive and to live!

